



GO TO THE E.R.

IF YOU HAVE ANY OF THESE SIGNS OR SYMPTOMS...



*Chest pain lasting two minutes or more:

pressure, fullness, squeezing or pain in the chest; tightness, burning, or aching under the breastbone; lightheadedness



***Signs of a stroke:** weakness or numbness of the face, arm or leg on one side of the body; loss of vision; loss of speech, or trouble talking; severe headaches with no known cause; dizziness, unsteadiness or sudden falls, especially when accompanied by any other stroke symptoms



Severe shortness of breath or difficulty breathing



Bleeding that does not stop after 10 minutes of direct pressure

***Note: if you've had a previous heart attack or stroke, these symptoms may worsen.**

EMERGENCY NUMBERS

Fire / Police
Medical
Emergencies

911



UHC Emergency Room

(681) 342-1100



National Poison Control Center

1-800-222-1222



Poisoning

(Note: Call local poison control center first and ask for immediate assistance. Such precautions taken before an emergency room visit could save your life.)



Abdominal pain



Body temperature of **105 degrees** or higher



Allergic reactions



Worsening reaction to an **insect bite** or sting



Serious burns or cuts

Other situations which may require an Emergency Room visit:

- + Traumatic injuries
- + Possible broken bone or extreme sprain
- + Head injury or severe headache
- + Unexpected drowsiness or disorientation
- + Fainting or loss of consciousness
- + Coughing or vomiting blood
- + Continuous vomiting or diarrhea
- + Thoughts of suicide or homicide
- + Loss of muscle or bowel control
- + Blood in urine or stool
- + Infected wounds

WVUMedicine

UNITED HOSPITAL CENTER

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Disclaimer: this checklist is among the most common conditions, but are not limited to other signs and symptoms that can be treated in an emergency room visit.